

## **PRAYER FOR THE DIVINE MERCY**

Dear Lord, it feels impossible to believe that my life can change, that I can move out of this rut I am in.

I know I don't always live my life feeling Your love, and being my best self. Help me to trust in You, to drop my defenses and to feel how deeply I am loved and forgiven by You.

Give me the courage to feel it in my heart when You say, "Don't be afraid" and "Peace be with you." I so long for that peace in my life but it feels so far away sometimes.

Help me to believe in You, to drive away the doubts and unbelief that harden my heart.

I know my life can change, if only I can say with all my heart, "I trust in You, Lord.

I believe in Your mercy, and I know that with Your help, my life can be healed." Amen.